

## Nursing 319

# Nursing Management of Pain

### **Course Description:**

Concepts and processes relating to effective pain management and palliative care; includes clinical, ethical, legal, and sociocultural considerations. Restricted to nursing majors. (S)

### **Course Credit Hours:**

8-week online course; 3 credit hours;

### **Course Placement:**

BSN: Reinforcement Level undergraduate course

### **Course Learning Objectives**

After successful completion of the course, students will be able to:

 Distinguish the epidemiology and bio-physical models of pain assessment and management in course assignments through reading and DCE activities.

2. Identify major concepts and approaches relevant to the nurse's role in pain management and palliative care through DCE activities and literature reviews.

3. Integrate clinical judgement skills and the nursing process in assessing, planning, and managing pain in discussions, DCE activities and course assignments.

4. Appraise the role of the nurse as an ethical inter-professional team member in caring for patients experiencing pain and / or requiring palliative care through discussions and DCE activities.

5. Articulate misconceptions and biases that exist for healthcare providers involved in pain management found through interviews and literature reviews, in a formal interview report, discussions and DCE activities.

6. Extrapolate alternative/complementary treatment modalities for pain management in discussions, slide presentations, and DCE activities.

### **Instructional Methods**

Reading of text and articles

### **Course Grading**

METHODS OF EVALUATION:

Categories	% of final grade
Discussion Forum	30 %
ELNEC modules, quizzes and blogs (6)	30 %
Assignments	30 %
Interviews with formal APA report	
PPT (2)	
Self & Peer Reviews (2)	10 %
Total	100%

This course uses weighted grading.

Course activities are divided into categories, with some categories being more valuable to the final grade than others, as seen in the table above. Each category represents a percentage of the final grade.

#### Required Materials: Text

Czarnecki, M. L., & Turner, H. N. (Eds.). (2018). Core curriculum for pain

management nursing (3rd ed.). St Louis, MO: Elsevier.

## Program:



End of Life Nursing Education Consortium (ELNEC. (n.d.). ELNEC-

undergraduate curriculum. Relias Learning LLC

## **Required Reference:**

American Psychological Association. (2020). *Concise guide to APA style The official APA style guide for students* (7th ed.). American Psychological Association.

The Nursing Code of Ethics is a vital source in all of nursing. This may be located at:

American Nurses Association (ANA). (2015). Code of ethics for nurses with interpretive statements. <u>https://www.nursingworld.org/practice-policy/nursing-excellence/ethics/code-of-ethics-for-nurses/coe-view-only/</u>

Katulka, L. (2018) 5-minute summary: The ANA Nursing Code of Ethics. https://www.berxi.com/resources/articles/code-of-ethics-for-nursessummary/

**Topical Outline:** 

MODULE	Introduction and Overview
MODULE 2	Effects of Pain and Biases
MODULE 3	Communication and pain assessment
MODULE 4	Pain management
MODULE 5	Integrative & complementary methods of pain management
MODULE 6	Nursing support and resource availability



MODULE 7	Nurse's roles
MODULE 8	End of life