

## **Nursing 360**

### **Health Assessment**

#### **Course Description (2021-2023 Catalog):**

Theory, knowledge, and skill advancement in physical and psychosocial assessment, history taking, and use of digital clinical technology across the lifespan.

#### **Course Credit Hours:**

3 semester credit hours

#### **Course Placement:**

Junior Level, Undergraduate; Upper Division, BSN

#### **Course Learning Objectives:**

1. Articulate the historical foundation of the nursing profession in comparison to the role of the nurse today. (EPSLO 3)
2. Examine major processes relevant to professional nursing today, including: patient education, effectiveness of healthcare delivery systems, evidence-based practice (EBP), informatics, caring for clients from a variety of cultures and settings, and the nursing process when caring for clients from a variety of cultures and settings. (EPSLO 1, 3)
3. Apply significant concepts from the general education courses (sciences, fine arts, communication, and humanities) to discussions and class assignments. (EPSLO 1, 3)
4. Present a teaching plan for a selected patient. (EPSLO 2, 5)
5. Demonstrate how ethical and political influences impact professional nursing practice. (EPSLO 1, 3)
6. Prepare effective oral, written and visual communication related to concepts and processes central to Professional Nursing Practice. (EPSLO 5)

#### **Instructional Methods**

Reading: textbooks and articles

Shadow Health Digital Clinical Experience Modules  
Peer Review  
Slide Presentation (PowerPoint)

## Evaluation Methods

- Presentation 15% and Peer Reviews 5% (20% of total)
- Quizzes (10% of total)
- Shadow Health Modules (22) (40% of total)
- Comprehensive Shadow Health Exam (30% of total)

## Required Materials

### Required Textbook and Shadow Health: Health Assessment:

Weber, J., & Kelley, J. (2018). *Health assessment in nursing* (6th ed.). Lippincott, Williams & Wilkins.

Shadow Health. (2021). Digital Clinical Experience (Version 4.0) [Software]. Available from <http://www.shadowhealth.com>

### Required Reference:

American Psychological Association. (2020). *Concise guide to APA style* (7th ed).

## Topical Outline:

MODULE 1	General Assessment; Health History; Critical Analysis
MODULE 2	Nutrition Assessment; Skin Assessment; Mental Health Anxiety
MODULE 3	Head/Neck Assessment; ENT & Mouth Assessment; Mental Health Alcohol Abuse

MODULE 4	Lungs and Breast Assessment; Heart & Vascular Assessment
MODULE 5	Abdominal & Female Genitalia Assessment; Musculoskeletal & Male Genitalia Assessment; Mental Health Bipolar Disorder
MODULE 6	Neurological Assessment; Family Assessment; Mental Health PTSD
MODULE 7	Assessment of Special Groups: Women, Infants, Children, Adolescents, & Elderly; Mental Health Depression; Mental Health Schizophrenia
MODULE 8	Putting it all Together; Comprehensive Patient Assessment