



Eastern New Mexico University
College of Education and Technology
2023-2025 Catalog

Major: Physical Education (Kinesiology)	Licensure: K-12
Emphasis: Teaching Physical Education	Degree: Bachelor of Science (B.S.)

This degree plan is a guide only. Consult with an adviser before enrolling in courses. For more detailed information on coursework and degree requirements, refer to the catalog and consult with an adviser.

GPA of 2.75 is required.

Note: All Bachelor degrees at ENMU require 120 minimum total credit hours including 40 upper-division (300-/400-level) hours. Developmental and vocational/technical courses will not be counted toward graduation requirements.

Note: A second minor in an endorsement area is not required, but the faculty strongly recommends that students select a second endorsement area/minor.

BACHELOR'S DEGREE REQUIREMENTS (6 hours)

FYEX 1110 First-Year Seminar
Diversity/Global Upper-Division

TEACHER GENERAL EDUCATION REQUIREMENTS (41-44 hours)

REQUIREMENTS in HPE Core (20 hours)

HLED 1130 Concepts of Health / Wellness -OR-
HPE 145 Concepts in Physical Education
HLED 1120 American Red Cross First Aid & CPR / AED
FCST 318 Nutrition, Health, and Fitness -OR-
HPE 380 Fundamentals of Sports Management (for Sports & Recreation Majors only)
HPE 305 Human Resources in Sports Management
HPE 345 Physical Activity: Law & Ethics
HPE 490 Professional Review (for non-licensure) -OR-
SED 405 Classroom Management, Discipline & Issues in Secondary Education

Note: Students must present proof of current first aid and CPR certification as part of the requirement for HPE 490.

REQUIREMENTS in HPE Courses (25 hours)

EXSC 2120 Structural Kinesiology (Prerequisite: "C" or higher in BIOL 2210/L or BIOL 2225/L)
HLED 2170/L Motor Behavior I & Lab
HLED/HPE Teaching Movement: Topics (2 courses for 6 hours total)
HPE 312/L Biomechanics & Lab
HPE 313/L Physiology of Exercise
HPE 433 Methods / Curriculum in PE
HPE 473 Health Education Methods / Materials
HPE 483 Field Experiences: Topics

REQUIREMENTS in other areas (to meet prerequisite requirements.)

* BIOL 2210/L Human Anatomy & Physiology I & Lab
* BIOL 2225/L Human Anatomy & Physiology II & Lab
* Can be used to fulfill General Education Requirements.

REQUIREMENTS in Professional Education (33 hours)

ELECTIVES as needed to fulfill requirement of 120 total credit hours.

