



Eastern New Mexico University
College of Education and Technology
2025-2027 Catalog
Degree Guide Checklist

Major: Physical Education
Licensure: Physical Education K-12

Minor: None Required
Degree: Bachelor of Science (B.S.)

This degree guide is a guide only and is subject to revision. Before enrolling in courses, consult with an adviser and review the current ENMU-Portales catalog.

All course requirements in the major must have a grade of "C" or better. All acceptable transfer work from a junior or community college will be recorded as lower division credit.

Note: The B.A. and B.S. degrees require 120 minimum total credit hours including 40 upper-division (300- or 400-level) hours and ENMU-Portales residency requirement (30 of the final 60 hours must be taken from ENMU-Portales). B.A. candidates must satisfy the language requirement (6-14 hours). Developmental and vocational/technical courses will not be counted toward graduation requirements.

BACHELOR'S DEGREE REQUIREMENTS (6 hours)

FYEX 1110 First-Year Seminar
BLED 350 Diversity/Global Upper-Division

TEACHING GENERAL EDUCATION REQUIREMENTS (43 hours)

REQUIREMENTS IN PROFESSIONAL EDUCATION (33 hours)

REQUIREMENTS IN HPE CORE (12 hours)

Option 1 (12 hours):

HLED 1130 Concepts of Health/Wellness -OR- HPE 142 Fundamentals of Physical Well-being
HPE 145 Concepts in Physical Education (required for PE K-12 Licensure)
FCST 318 Nutrition, Health and Fitness -OR- HPE 380 Fundamentals of Sports Management
HPE 345 Physical Activity: Lat and Ethics
HPE 490 Professional Review (for non-licensure)

Option 2 (12 hours):

SED 460 Student Teaching Secondary

REQUIREMENTS IN KINESIOLOGY (27 hours)

EXSC 2120 Structural Kinesiology
HLED 2170/L Motor Behavior and Laboratory

HPE/HLED Teaching Movement - choose 2 courses: HPE 298H, 298R, 298S, HLED 2320, 2330 -OR- 2340 (6 hours)

HPE 312/L Biomechanics and Laboratory -OR- HPE 411/L Motor Learning and Laboratory
HPE 313/L Physiology of Exercise and Laboratory
HPE 433 Methods/Curriculum in PE
HPE 435 Teaching Adapted Physical Education

REQUIRED COURSES IN OTHER AREAS (4 hours)

* BIOL 2210/L Human Anatomy and Physiology I and Laboratory
BIOL 2225/L Human Anatomy and Physiology II and Laboratory

ELECTIVES as needed to satisfy requirement of 120 total credit hours.