



Eastern New Mexico University
College of Education and Technology
2025-2027 Catalog
Degree Guide Checklist

Major: Recreation	Minor: N/A
Emphasis: N/A	Degree: Associate of Arts

This degree guide is a guide only and is subject to revision. Before enrolling in courses, consult with an adviser and review the current ENMU-Portales catalog.

All course requirements in the major must have a grade of "C" or better. All acceptable transfer work from a junior or community college will be recorded as lower division credit.

Note: The B.A. and B.S. degrees require 120 minimum total credit hours including 40 upper-division (300- or 400-level) hours and ENMU-Portales residency requirement (30 of the final 60 hours must be taken from ENMU-Portales). B.A. candidates must satisfy the language requirement (6-14 hours). Developmental and vocational/technical courses will not be counted toward graduation requirements.

BACHELOR'S DEGREE REQUIREMENTS (3 hours)
FYEX 1110 First-Year Seminar

GENERAL EDUCATION REQUIREMENTS (non-teaching) 31-33 hours

REQUIREMENTS IN HPE COURSES (38 hours)

HPE Requirements (16 hours):

- FCST 318 Nutrition, Health, and Fitness
- HLED 1130 Concepts of Health/Wellness -OR- HPE 145 Concepts in Physical Education
- HLED 2170/L Motor Behavior I and Laboratory
- EXSC 2120 Structural Kinesiology
- HPE 321 Wellness: Individual and Global -OR- HPE 325 Global Sports

HPE Electives (6 hours):

- Take any SIX hours of HPE electives

HLED/HPE Teaching Movement (6 hours):

- Take any SIX hours of Teaching Movement: Topics courses

HPE Theory (10 hours):

- Complete TEN hours of HPE (200-/2000-/300-level) theory courses

REQUIREMENTS IN OTHER AREAS (8 hours)

- * BIOL 2210/L Human Anatomy and Physiology I and Laboratory
- BIOL 2225/L Human Anatomy and Physiology II and Laboratory

* May be used to satisfy a General Education Requirement.