



Eastern New Mexico University
College of Education and Technology
2023-2025 Catalog

Major: Recreation

Minor: Not required

Emphasis: N/A

Degree: Associate of Arts

This degree plan is a guide only. Consult with an adviser before enrolling in courses. For more detailed information on course requirements, refer to the catalog and consult with an adviser.

This curriculum is designed to prepare students in basic recreational practices for entry-level positions in a recreation setting for National Organization Certifications. All classes taken to complete the A.A. Recreation degree will count towards the B.S.

Developmental and vocational/technical courses will not be counted toward graduation requirements.

ASSOCIATE'S DEGREE REQUIREMENTS (3 hours)

FYEX 1110 First-Year Seminar

GENERAL EDUCATION REQUIREMENTS (non-teaching) (31-33 hours)

Recommended: BIOL 2210/L Human Anatomy & Physiology & Lab

REQUIREMENTS in Health & Physical Education (20-21 hours)

BIOL 2210/L Human Anatomy & Physiology & Lab

FCST 318 Nutrition, Health & Fitness -OR-

HLED 1120 American Red Cross First Aid & CPR / AED

HLED 1130 Concepts of Health / Wellness -OR-

HPE 145 Concepts in Physical Education

HLED 2520 Media & Public Relations -OR-

HLED 2170 Motor Behavior I

EXSC 2120 Structural Kinesiology

HLED / HPE Teaching Movement: Topics (2 courses for 6 hours total)

HPE 345 Physical Activity: Law & Ethics

OTHER HPE COURSE REQUIREMENTS

Complete 10 hours of HPE (200-/2000-/300-level) theory courses.

ELECTIVES as needed to fulfill requirement of 60 total credit hours.

Note: 15 of the final 30 hours must be earned from ENMU-Portales.

