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**CDC Resources**

<https://www.cdc.gov/learning/training-resources/index.html>

<https://youtu.be/W-zhhSQDD1U> Overview, prevention, followed by COVID-19 FAQ

<https://youtu.be/d914EnpUrFo> Hand washing and safety tips.

**New Mexico Department of Health**

Up-to-date statewide information: <https://cv.nmhealth.org>

COVID-19 outbreaks by county <https://cvprovider.nmhealth.org/public-dashboard.html>

Screening/testing sites statewide: <https://cvprovider.nmhealth.org/directory.html>

**Local Testing**

**La Casa Family Health Center - La Casa Family Health- Portales**

*Call For Appointment*

**Dates and Times**

Monday 9:00 AM - 11:00 AM

Tuesday 9:00 AM - 11:00 AM

Wednesday 9:00 AM - 11:00 AM

Thursday 9:00 AM - 11:00 AM

Friday 9:00 AM - 11:00 AM

#### **Additional Resources**

* [*Children and COVID FAQ*](https://cvmodeling.nmhealth.org/2020/07/21/mask-guidelines-for-children-and-youth/) <https://cvmodeling.nmhealth.org/2020/07/21/mask-guidelines-for-children-and-youth/>
* [*Summer Youth Programs FAQ*](https://cv.nmhealth.org/wp-content/uploads/2020/05/Youth-program-FAQ-v.51.pdf)
* [*Mask Guidance for Children and Youth*](https://cv.nmhealth.org/wp-content/uploads/2020/07/Mask-Guidance-for-Children-and-Youth_Final1.pdf) <https://cv.nmhealth.org/wp-content/uploads/2020/07/Mask-Guidance-for-Children-and-Youth_Final1.pdf>
* [*Coronavirus Hotline: 1-855-600-3453*](tel:1-855-600-3453)
* [*For non-health related COVID-19 questions: 1-833-551-0518*](tel:1-833-551-0518)
* [*Senior Food Hotline: 1-800-432-2080*](tel:1-800-432-2080)
* [*Frequently Asked Questions*](https://cv.nmhealth.org/faq/) <https://cv.nmhealth.org/faq/>