

CDIS Newsletter

November was National Alzheimer’s Disease (AD) awareness month

Highlights:

- * Classes start January 19th
- * Graduate Program Admission Applications due March 1st
- * Student Research Conference April 27th
- * Spring Graduation May 15th

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November was national Alzheimer's disease (AD) awareness month. AD is an irreversible, progressive brain disease that slowly destroys memory and thinking skills, and eventually the ability to carry out the simplest tasks of daily living. Among older people, AD is the most common cause of dementia. AD is not a normal part of aging. Alzheimer's disease is fast becoming one of the greatest medical challenges facing Americans today.

Ten signs of AD:

1. Memory loss that disrupts daily life.
2. Challenges in planning or solving problems.
3. Difficulty completing familiar tasks at home, at work, or at leisure.
4. Confusion with time or place.
5. New problems with words in speaking or writing.
6. Misplacing things and losing the ability to retrace steps.
7. Decreased or poor judgment.
8. Trouble understanding visual images and spatial relationships.
9. Withdrawal from work or social activities.
10. Changes in mood and personality.

ENMU clinic involvement in the treatment of AD

Here at ENMU clinic we work with clients with AD. Therapy objectives include:

- Documenting communication deficits, including memory deficits.
- Substantiating a diagnosis of dementia with an assessment of communication problems.

- Planning a communication intervention program and a family support program.
- Coordinating the assessment results with those of other members of the professional team working with the client and family member.

Some of the treatment includes family counseling, behavioral management of client’s symptoms in the earlier stages, and client management strategies during the later stage.

Supervision at the ENMU clinic, *by Viva McKenzie*

I sat down for an interview with our very own Clinical Supervisor/Clinic Director, Ms. Nicole Bougie. We met early on Monday morning at Heartland Continuing Care Center, the Nursing Home where she supervises student clinicians four days per week. Ms. Bougie was very pleasant and willing to provide any information that may help in my search to find out how the clinical aspect of CDIS at ENMU operates. I asked Ms. Bougie some questions that would help me, as a new student in the graduate program, as well as anyone out there who wonders how she works her magic with the students, the clients, and the parents.

Some people may not know this, but Nicole is a graduate of Eastern New Mexico University's graduate program in Communication Sciences and Disorders. Having completed the program herself, she is better able to coordinate its clinical aspects. As a student, she had Dr. Weems and Dr. Swift as professors and feels the intimate nature of this CDIS program from a student's perspective as well as a supervisors'. Nicole enjoys the ENMU CDIS program because she really gets to know the students she meets on a deeper level. She has more time to devote to each student as time was devoted to her when she was a student in the program. Ms. Bougie and I share the same experience of attending a large university before attending ENMU. I agree with her in that coming here is much more intimate. In the graduate program here, all the professors know you by your first, last, and probably middle name as well. It is very comforting knowing that you will not be lost in the crowd.

One of the biggest reasons she enjoys her career at ENMU is because of the students she interacts with on a daily basis. She feels a connection with the students because they are very excited and passionate about working one on one with clients and that passion is refreshing. Not to say that working with other populations would not be exciting, but the students just have a different view of things.

Although it may seem from the smile on her face and how smoothly the clinic runs that everything magically fits into place with little effort on her part, this is far from the truth. Ms. Bougie works very hard to ensure the smooth operation of the clinic. She is the Clinical Supervisor and also Clinic Director. As supervisor of the clinic, her responsibilities include: recruiting clients, supervising clinicians as needed, helping with therapy techniques and ideas, editing clinical reports, discussing concerns with clients and parents, and giving direction for therapy. The responsibility of Clinic Director requires her to set up contracts for internships, find off campus supervisors, handle issues at individual sites, grade progress of therapists, schedule for clinical therapy and internships, along with many other responsibilities. So, no, running a smooth program is not one of Ms. Bougie's magical powers. Although she may make it seem effortless, there is a lot of time and work that goes into the smooth operation of the ENMU clinic and its extension sites.

The ENMU Speech Language and Hearing Rehabilitation Clinic is located on the ENMU campus, but there are several

extension sites serviced by graduate clinicians. These sites include: Heartland Nursing Home, Roosevelt General Hospital, Elida, Dora, Melrose, Texico, Clovis, Portales, and sometimes Roswell and Tucumcari school systems. The ENMU clinic serves anywhere between 16 and 36 clients per semester, and accommodates a diverse population ranging from newborns to geriatric clients. Currently, clients are receiving therapy for disorders such as: TBI, dysphagia, stuttering, and aphasia for the adult population. Accent modification and AAC therapy is also provided. For children, therapy is provided for stuttering, articulation, language disorders, auditory and/or language processing disorders, autism, and social-interaction, pragmatic, and sensory disorders to name a few.

For anyone wanting to receive therapy or get evaluated at the ENMU clinic they are more than welcome to stop by the office and speak to our secretary, Ms. Wendy Turner. For further information about our ENMU Speech Language and Hearing Clinic, please contact Ms. Nicole Bougie:

Rehabilitation Outreach Clinic
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ENMU Speech and Hearing Rehabilitation Outreach Center

Office hours are Monday–Friday, 8 a.m.–noon and 1–5 p.m. The Outreach Center is located on the second floor of Lea Hall on campus.

**The students'
passion for
working one on
one with clients is
refreshing...**

ENMU CDIS: About our program

ENMU presently offers 2 exciting degrees in the field of Communicative Disorders (CDIS): the Bachelor of Science with a major in CDIS and the Master of Science in CDIS.

The Bachelor of Science in Communicative Disorders (CDIS) provides pre-professional instruction in the normal and disordered processes of speech, language, and hearing. The ENMU undergraduate program is designed to prepare students for entrance into a professional graduate degree program (the Master of Science) and for eventual certification and licensure in speech-language pathology or audiology.

The Master of Science in Communicative Disorders (CDIS) provides advanced training in the assessment and treatment of speech, language, and hearing disorders. ENMU's communicative disorders (CDIS) program is accredited by the Council on Academic Accreditation of the American Speech-Language Hearing Association (ASHA). Accreditation enables students to meet academic and clinical practicum requirements for ASHA's Certificate of Clinical Competence in Speech-Language Pathology.

A master's degree is a minimum requirement to serve as a



Lea Hall

speech-language pathologist (SLP) in most public schools, medical, or other private settings. Speech-language pathologists work with a range of clients, from pediatric to geriatric. SLPs treat clients who have language, articulation, fluency, voice, swallowing, and hearing disorders, working in settings such as public schools, pre-schools, private clinics, hospitals and rehabilitation centers.

100% of ENMU's students graduating with the Master of Science degree in CDIS have passed the National Examination in Speech Pathology and Audiology (NESPA). Our 2009 average is 100% for students taking their NESPA on their FIRST attempt. Our employment rates for those seeking a job are 100% within the first 3 months following graduation.

The ENMU CDIS Department offers a complete program of CDIS leveling courses via the internet. Satisfactory grades in the courses may be used by students who have a bachelor degree in another field of study in order to apply to the CDIS Graduate Program. To check this out go to: <http://liberal-arts.enmu.edu/health/cdis/leveling.shtml>

- For more information regarding the Bachelor degree, please contact Dr. Suzanne Swift.
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575.562.2724
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- For more information regarding the leveling courses or the Master degree, please contact Dr. Adrienne Bratcher.
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What's New?...with Student Research

Check out what our graduate students are researching for their special projects!

Mandy Balderaz, Candance Harris, and Deanna Shovelin: *How you talk: Listener perceptions of articulation errors.*

Vanessa Castillo: *Stuttering therapy and support groups: What works best? Perceptions of Stutterers.*

Justine Delgado: *Effects of music on reading comprehension: An experimental study*

Benina Foley: *Stuttering in 2 languages: Prevalence of stuttering characteristics in a Native American-Jemez Child.*

Jalaina Foster: *Phonemic awareness: Effects on accent modification therapy.*

Tiffany Paneral Graham: *Oral-motor programs for drooling and phonetic inventory: Sara Rosenfeld-Johnson versus Beckman*

Etheline Jose: *Navajo, Zuni, and English: A qualitative structuralist comparison of syntax/morphology and semantics.*

Tristin Kirkpatrick: *Students in speech pathology: A survey of expectations and needs of future graduate students in CDIS.*

Katherine Lossing: *Dialectal differences: A descriptive study of select U.S. dialects.*

Christine McCoy: *Caregiver Perspectives: A qualitative redefinition of meaningful relationships and communication in Alzheimer's Disease.*

D'Lya Parsons: *Listening programs: Does Earobics increase the efficacy of Hodson's Cycles Approach.*

Bonnie Reynolds: *B.A. Bar™ - the Speech-Generating Barcode Reader: Effects on speech initiation, imitation attempts, and phonetic inventory.*

Valerie Sanchez: *Gross and fine motor flexion: The effectiveness of motor-based learning on /s/ and /r/ production.*

Louise Seiler: *Do selected American popular musical works from 1941-1945 (a.k.a. the World War II Era) played in the background result in a change in the amount of verbal/vocal communication among nursing home resident peers born before 1930?*

Greg Villar: *The impact of non-speech oral motor articulation therapy on the phonemes /r/ and /s/.*

Denise Wormser: *Leveling courses in CDIS: Are you prepared for Graduate School?*

Amber Wyman: *Timed tests: Are they valid?*

