



**Eastern New Mexico University**  
**College of Education and Technology**  
**2021-2023 Catalog**

<b>Date:</b>	<b>Major:</b>	Physical Education
<b>Name:</b>	<b>Emphasis:</b>	Teaching Physical Education
<b>ID#:</b>	<b>Licensure:</b>	K-12
	<b>Minor:</b>	Second Minor Recommended
	<b>Degree:</b>	Bachelor of Science (B.S.)

This degree plan is a guideline only. Consult with an adviser before enrolling in courses. For more detailed information on coursework and degree requirements, refer to the catalog and consult with an adviser.

**Note:** The B.S. degree requires a minimum 40 hours of upper-division courses. Developmental and vocational/technical courses will not be counted toward graduation requirements. GPA of 2.75 required.

<b><u>BACHELOR'S DEGREE REQUIREMENTS (6 hours)</u></b>	<b>Course</b>	<b>Credits</b>	<b>Semester</b>	<b>Grade</b>
	FYEX 110 First-Year Seminar	3	_____	_____
	Diversity/Global Upper-Division	3	_____	_____

<b><u>TEACHING GENERAL EDUCATION Requirements (41-43 hours)</u></b>
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<b><u>REQUIREMENTS IN Professional Education (42 hours)</u></b>
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<b><u>REQUIREMENTS IN HPE Core (20 hours)</u></b>
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HPE 121 Concepts of Health/Wellness <b>OR</b>	_____	3	_____	_____
HPE 145 Concepts in Physical Education	_____	3	_____	_____
HLED 1120 American Red Cross First Aid & CPR/AED	_____	2	_____	_____
BIOL 2210/L Anatomy & Physiology I with Laboratory	_____	4	_____	_____
EXSC 2120 Structural Kinesiology	_____	3	_____	_____
FCST 318 Nutrition, Health & Fitness	_____	3	_____	_____
HPE 345 Physical Activity: Law & Ethics	_____	3	_____	_____
HPE 490 Professional Review <b>OR</b>	_____	3	_____	_____
SED 405 Classroom Mgmt, Discipline & Issues in Secondary Edu	_____	3	_____	_____

<b><u>REQUIREMENTS IN Kinesiology (22 hours)</u></b>	<b>Course</b>	<b>Credits</b>	<b>Semester</b>	<b>Grade</b>
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HLED 2170 Motor Behavior	_____	3	_____	_____
HPE 212L Motor Behavior I Laboratory	_____	1	_____	_____
HLED 2320 Teaching Movement: Topics <b>OR</b>				
HLED 2330 Teaching Movement: Topics <b>OR</b>				
HLED 2340 Teaching Movement: Topics	_____	3, 3	_____	_____
HPE 312 Biomechanics	_____	3	_____	_____
HPE 312L Biomechanics Laboratory	_____	1	_____	_____
HPE 313 Physiology of Exercise	_____	3	_____	_____
HPE 313L Physiology of Exercise Laboratory	_____	1	_____	_____

HPE 433 Methods/Curriculum in PE

3

HPE 473 Health Educatin Methods/Materials

3

HPE 483 Field Experiences: Topics

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**This program requires about 120 hours.**