



Eastern New Mexico University
College of Education and Technology
2019-2021 Catalog

Date:	Major:	Recreation
Name:	Degree:	Associate of Arts
ID#:		

This degree plan is a guideline only. Consult with an adviser before enrolling in courses. For more detailed information on coursework and degree requirements, refer to the catalog and consult with an adviser.

Note: Developmental and vocational/technical courses will not be counted toward graduation requirements. All classes taken to complete the A.A. Recreation degree will count towards the B.S. in Physical Education.

ASSOCIATE'S DEGREE REQUIREMENTS (6 hours)	Course	Credits	Semester	Grade
FYEX 110 First-Year Seminar	_____	3	_____	_____

GENERAL EDUCATION Requirements (31-33 hours)

REQUIREMENTS IN Health & Physical Education (17 hours)	Course	Credits	Semester	Grade
FCST 318 Nutrition, Health & Fitness OR	_____	3	_____	_____
HLED 1120 American Red Cross First Aid & CPR/AED	_____	2	_____	_____
HPE 121 Concepts of Health/Wellness OR	_____	3	_____	_____
HPE 145 Concepts in Physical Education	_____	3	_____	_____
HPE 207 Media and Public Relations in Sport OR	_____	3	_____	_____
HPE 212 Motor Behavior I	_____	3	_____	_____
HPE 241 Structural Kinesiology	_____	3	_____	_____
HPE 298 Teaching Movement: Topics	_____	3	_____	_____
HPE 345 Physical Activity: Law & Ethics	_____	_____	_____	_____

REQUIREMENTS IN HPE (13 hours)	Course	Credits	Semester	Grade
Students must complete 13 hours of HPE (200/2000/300 level) theory courses				
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

ELECTIVES As needed to fulfill requirement of 60 hours.

Note: 15 of the final 30 hours must be earned from ENMU-Portales.