



**Eastern New Mexico University**  
**College of Education and Technology**  
**2021-2023 Catalog**

|              |                |                          |
|--------------|----------------|--------------------------|
| <b>Date:</b> | <b>Major:</b>  | Recreation               |
| <b>Name:</b> | <b>Degree:</b> | Associate of Arts (A.A.) |
| <b>ID#:</b>  |                |                          |

This degree plan is a guideline only. Consult with an adviser before enrolling in courses. For more detailed information on coursework and degree requirements, refer to the catalog and consult with an adviser.

**Note:** Developmental and vocational/technical courses will not be counted toward graduation requirements. All classes taken to complete the A.A. Recreation degree will count towards the B.S. in Physical Education.

| <u>ASSOCIATE'S DEGREE REQUIREMENTS (6 hours)</u> | Course | Credits | Semester | Grade |
|--|--------|---------|----------|-------|
| FYEX 110 First-Year Seminar                      | _____  | 3       | _____    | _____ |

**GENERAL EDUCATION Requirements (31-33 hours)**

| <u>REQUIREMENTS IN Health &amp; Physical Education (20-21 hours)</u> | Course | Credits | Semester | Grade |
|--|--------|---------|----------|-------|
| FCST 318 Nutrition, Health & Fitness <b>OR</b>                       | _____  | 3       | _____    | _____ |
| HLED 1120 American Red Cross First Aid & CPR/AED                     | _____  | 2       | _____    | _____ |
| HPE 121 Concepts of Health/Wellness <b>OR</b>                        | _____  | 3       | _____    | _____ |
| HPE 145 Concepts in Physical Education                               | _____  | 3       | _____    | _____ |
| HLED 2520 Media and Public Relations in Sport <b>OR</b>              | _____  | 3       | _____    | _____ |
| HLED 2170 Motor Behavior I   | _____  | 3       | _____    | _____ |
| EXSC 2120 Structural Kinesiology                                     | _____  | 3       | _____    | _____ |
| HLED 2320 Teaching Movement: Topics <b>OR</b>                        | _____  |         | _____    | _____ |
| HLED 2330 Teaching Movement: Topics <b>OR</b>                        | _____  |         | _____    | _____ |
| HLED 2340 Teaching Movement: Topics                                  | _____  | 3, 3    | _____    | _____ |
| HPE 345 Physical Activity: Law & Ethics                              | _____  |         | _____    | _____ |

| <u>REQUIREMENTS IN HPE (10 hours)</u>   | Course | Credits | Semester | Grade |
|---|--------|---------|----------|-------|
| <b>Students must complete 10 hours of HPE (200/2000/300 level) theory courses</b> |        |         |          |       |
| _____   | _____  |         | _____    | _____ |
| _____   | _____  |         | _____    | _____ |
| _____   | _____  |         | _____    | _____ |
| _____   | _____  |         | _____    | _____ |

**ELECTIVES As needed to fulfill requirement of 60 hours.**

**Note:** 15 of the final 30 hours must be earned from ENMU-Portales.